

"Success only comes to those who dare to attempt"

Mallika Tripathi





### Hello Everyone,

Finally we are very happy to announce that we will be re-opening our full Youth Club Activities! All Norbrook and Benchill youth clubs open from 28th April and at Lifestyle Centre from 12th May! Our sessions will include a mix of Sports, Arts and Social Action Projects, Including Skills for life, as well as all the usual Youth club activities. A safe space to be, packed with fun stuff to do!

1:1 Support Youth Sessions (14-25Yrs)

Available by Appointment

TUEEDIV

Ability Group: SEND Open Access Session (13-25Yrs)

6pm—8pm @ The Lifestyle Centre

CITACLETUCETA

Junior Youth Club (10—14Yrs) 6pm—8pm @ The Lifestyle Centre

Senior Youth Club (14—18Yrs)

6pm—8pm @ Norbrook Youth Club

THURSDAY

Benchill Youth Club (10-16Yrs)

6pm-8pm @ Benchill Community Centre

Detached Youth Work Session

6pm—9pm @ Various Wythenshawe Locations

FRIDAY.

Senior Youth Club (14—18Yrs)

6pm-8pm @ The Lifestyle Centre

Junior Youth Club (10—14Yrs) 6pm—8pm @ Norbrook Youth Club Benchill Community Centre, Benchill Rd, M22 8EJ

Norbrook Community Centre, Bordley Walk, M23 0AR

Woodhouse Park Lifestyle Centre, 206 Portway, M22 1QW

#### Email:

YouthInvolvement@wchg.org.uk

Call:

0161 946 7543

Visit:

Youth Involvement Team, Lifestyle Centre, Woodhouse Park, 206 Portway, M22 1QW

## **Fitness Fun**

Looking to improve your Health and Fitness? Don't know where to start? Why not try this Beginners home workout, from Joe Wickes MBE, suitable for all levels:

20 Minute BEGINNERS Low Impact
Low Intensity Workout | The Body
Coach TV - YouTube

## **Get Invovled**

To access any of our opportunities please get a parent or carer to register you with us using the link below: https://www.wchg.org.uk/wchg-youth-involvement-team-online-form/



Check out our WCHG Youth Involvement Team Instagram! Follow us @wchg\_yit

# **Opportunities**

- Manchester International Festival is the 1st-18th July with loads of amazing activities to get involved with across the city! Opportunities for people in Wythenshawe to get involved with, are listed here: <a href="https://alidav56.wixsite.com/mifwythenshawe">https://alidav56.wixsite.com/mifwythenshawe</a>
- Our Wow zone is launching Real Arts Wythenshawe! Sign up to get creative in all kinds of ways, have access to regular trips and activities and even a chance for an international residential!
- Are you a young person who is not in education, employment or training currently?
   Log on to 'M-EET you match' to find what's out there and to make that all important next



## **Creative Corner**

### **BLOBS**

For this activity you will need:

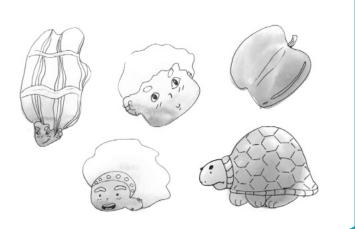
- paint
- paintbrush
- · cup of water for rinsing
- black pen
- paper

Using the paint, create a few shapes across the page; the more obscure the better! (Ideally these will look like random blobs!)

Then, after these have dried, observe the blobs you have just painted. What do you see?

Using the black pen, draw this onto the paint. Perhaps you see an animal, a person, or even a plant.

This activity allows you to transform an originally shapeless blob into a brilliant illustration of your own.





## **Contact Us**

WCHG Youth
Involvement team
Wythenshawe
Community Housing
Group
Tel: 0161 946 7543
Email: youthinvolve-

Email: youthinvolvement@wchg.org.uk

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